

## Pacific Crest Trail Association Mount Hood Chapter Trailhead Communications Plan (TCP)



## **Project Information**

Crew Leader Name:		Date/Time In	Service:		
Crew Leader Cell #:		Date/Time Ou	It of Service:		
Crew Size:		Planned Trail	work:		
Project Notes:					
Project Location					
Forest:	Columbia River Gorge NSA	Name of Trailhead:		Bridge of the Gods (WA)	
Ranger District:	Columbia River Gorge NSA	Road and Milepost:		Hwy 14, 100 yds west of Bridge	
County and State:	Skamania, WA	IGPS Coordinates		N 45° 39' 39.	05"
Nearest Town/City:	Stevenson, WA (3m)			W 121° 54' 23.19"	
Nearest Intersection:	Bridge of the Gods and Hwy 14	Township/Range/Section:		T2N, R7E, S14	
Closest Emergency Care					
Nearest Hospital:	Providence Hood River Memorial Hospital		Hospital Phone:		541-386-3911
Hospital Address:	810 12th St., Hood River, OR 97031		Distance from Trailhead: 20.8 r		20.8 miles

Driving directions to Hospital from trailhead:

Cross Bridge of the Gods. Head east through Cascade Locks. Take I-84 east for 16.7 miles. Take exit 62 and turn right onto Cascade Ave (US 30 E). Turn right onto 13th St. Turn left onto W State St. Turn right onto 12th St. Follow quarter mile to hospital.

### **Contact Information**

Columbia Dispatch:	waccc@firenet.gov, 360-891-5140 (voice), 360-891-5145 (fax)				
Alternate Dispatch:					
USFS (Business Hours):	Edan Lira, 541-490-2974				
County Sheriff:	Skamania: 509-427-9490		Fire and Rescue:	360-837-3420	
PCTA, Mt Hood Chair (After Hours):		Leif Hovin, 503-245-3822			
PCTA, Regional Rep (After Hours):		Dana Hendricks, 541-844-9133			
PCTA, Dir Trail Ops (After Hours):		Jen Tripp, 916-285-1853 (work), 916-243-9923 (cell)			

**Emergency Action Plan Roles** (delegate at trail head, in case of emergency)

Situation Mgr (crew ldr):		Alternate Situation Mgr:	
First Aid Lead:		Communications Lead:	
carries first aid kit, initiates patient care, takes notes		carries radio, calls for ass	istance if required

### **Radio Instructions**

	Cell reception:	Coverage throughout	
- Stand in a clear location, hold the radio upright	Radio channel (repeater):	CG DEF	
<ul> <li>Check radio for correct channel or repeater</li> <li>Key and hold the mic, wait for 2 seconds, then speak</li> </ul>	Radio reception:		
- Try at least 3 times, at least a minute apart	Script Example: Columbia, this is <your name=""> on Gorge Defiance.</your>		

Radio Alphabet: Alpha, Bravo, Charlie, Delta, Echo, Foxtrot, Golf, Hotel, India, Juliet, Kilo, Lima, Mike, November, Oscar, Papa, Quebec, Romeo, Sierra, Tango, Uniform, Victor, Whiskey, X-Ray, Yankee, Zulu



Pacific Crest Trail Association Mount Hood Chapter Emergency Action Plan (EAP)



# IN THE EVENT OF AN EMERGENCY, FOLLOW THESE STEPS:

#### 1. Initiate Care for patient - First Aid Lead

- a. Write medical or SOAP notes.
- b. Get patient's emergency contact info from Crew Leader (Sign-up sheet).
- 2. Call 911 or Dispatcher if needed Communications Lead (Refer to the TCP)
  - a. Relay pertinent medical or SOAP notes written by the First Aid Lead.
  - b. Do not use the injured person's name over the radio.
- 3. Evacuate if Necessary, send emergency contact information and medical or SOAP note with patient.
- 4. Get Emergency Treatment by a medical provider, if needed.
  - a. Inform agency authorities first, if possible. (Refer to the TCP)
  - b. All injuries should be treated on the date of the accident or as soon as possible
  - c. Go to the closest source of emergency care. (Refer to the TCP)
    - Other emergency care destinations:
      - Clackamas (24hr) Kaiser Sunnyside Medical Center, 10180 SE Sunnyside Rd., Clackamas OR, 97015, 503-652-2880 Gresham - Legacy-GoHealth Urgent Care, 22262 NE Glisan St., Gresham OR, 97030, 503-666-5050
      - Gresham (24hr) Legacy Mount Hood Medical Center, 24800 SE Stark St., Gresham OR, 97030, 503-674-1122
      - Hood River (24hr) Providence Hood River Memorial Hospital, 810 12th St., Hood River OR, 97031, 541-386-3911
      - Morton (24hr) Morton General Hospital, 521 Adams Ave., Morton WA, 98356, 360-496-5112
      - Oregon City (24hr) Willamette Falls Medical Center, 1500 Division St., Oregon City OR, 97045, 503-656-1631
        - Portland (24hr) Providence Medical Center, 4805 NE Glisan St., Portland OR, 97213, 503-215-1111 Salem - Salem Health, 890 Oak St. SE, Salem OR, 97301, 503-814-1572
          - Sandy Adventist Health Urgent Care, 17055 Ruben Ln., Sandy OR, 97055, 503-668-8002
      - Vancouver (24hr) PeaceHealth Southwest Medical Center, 400 NE Mother Joseph Pl., Vancouver WA, 98664, 360-514-2000
    - White Salmon (24hr) Skyline Hospital, 211 Skyline Dr., White Salmon WA, 98672, 509-493-1101
- 5. Report Injury to Agency Authorities and PCTA
  - a. Even if you do not seek treatment
  - b. In non-emergency situations, notification occurs before formal medical care is sought.
  - c. Agency and PCTA contacts are listed on TCP
- 6. Notify Emergency Contact for injured person as listed on the Volunteer Sign-up sheet.

#### 7. Documentation.

- a. At a minimum, a form CA-1 (Report of Injury) should be completed by the injured party for all injuries (even if medical treatment is not sought);
- b. Witness statements should be included.
- c. All injuries should be reported within 24 hours of occurrence.
- 8. As you seek treatment, you may request to have your medical costs compensated by the U.S. Government due to your status as a volunteer under FECA. This compensation coverage is through the U.S. Department of Labor, Office of Worker's Compensation Programs (OWCP). This is federal, not state, OWCP. It is not considered to be "insurance."

See: PCTA Volunteer Injury Instructions for more details