

# Pacific Crest Trail Association Mount Hood Chapter Trailhead Communications Plan (TCP)



# **Project Information**

Crew Leader Name:	Date/Time In Service:	
Crew Leader Cell #:	Date/Time Out of Service:	
Crew Size:	Planned Trailwork:	
Project Notes:		

### **Project Location**

Forest:	Columbia River Gorge NSA	Name of Trailhead:	Road 2090
Ranger District:	Columbia River Gorge NSA	Road and Milepost:	Rd 2090, 10 miles
County and State:	Skamania, WA	GPS Coordinates:	N 45° 44' 57.42"
Nearest Town/City:	Stevenson, WA (12m)	GPS Coordinates.	W 122° 02' 35.70"
Nearest Intersection:	Rd 2000 and Rd 2090	Township/Range/Section:	T3N, R6E, S14

# **Closest Emergency Care**

Nearest Hospital:	Skyline Hospital	Hospital Phone:	509-493-1101
Hospital Address:	211 Skyline Dr., White Salmon, WA 98672	Distance from Trailhead:	33.7 miles (1:14)
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#### Driving directions to Hospital from trailhead:

Follow 2090 Rd west and bear north on 2000 Rd (Red Bluff Rd) following it east and then southeast for 10 miles. Right onto Ryan-Allen Rd. Right on Rock Creek Dr. Left (east) on WA14 towards Stevenson & White Salmon (22 mi). Turn left onto Dock Grade Rd (0.8 mi), Turn right onto E Jewett Blvd 0.4 mi), Turn Left onto Northeast Skyline Dr.

#### **Contact Information**

Columbia Dispatch:	waccc@firenet.gov, 360-891-5140 (voice), 360-891-5145 (fax)			
Alternate Dispatch:				
<b>USFS</b> (Business Hours):	Edan Lira, 541-490-2974			
County Sheriff:	Skamania: 509-427-9490		Fire and Rescue:	360-837-3420
PCTA, Mt Hood Chair (A	After Hours):	Leif Hovin, 503-245-3822		
PCTA, Regional Rep (After Hours):		Dana Hendricks, 541-844-9133		
PCTA, Dir Trail Ops (After Hours):		Jen Tripp, 916-285-1853 (work), 916-243-9923 (cell)		

#### **Emergency Action Plan Roles** (delegate at trail head, in case of emergency)

Situation Mgr (crew ldr):		Alternate Situation Mgr:	
First Aid Lead:		Communications Lead:	
carries first aid kit, initiates patient care, takes notes		carries radio, calls for ass	istance if required

#### **Radio Instructions**

	Cell reception:	Top of ridge
- Stand in a clear location, hold the radio upright	Radio channel (repeater):	CG DEF
<ul><li>Check radio for correct channel or repeater</li><li>Key and hold the mic, wait for 2 seconds, then speak</li></ul>	Radio reception:	
Try at least 3 times, at least a minute apart	Script Example: Columbia, this is <your name=""> on</your>	
- If needed, move location and change channels	Gorge Defiance.	

Radio Alphabet: Alpha, Bravo, Charlie, Delta, Echo, Foxtrot, Golf, Hotel, India, Juliet, Kilo, Lima, Mike, November, Oscar, Papa, Quebec, Romeo, Sierra, Tango, Uniform, Victor, Whiskey, X-Ray, Yankee, Zulu



# Pacific Crest Trail Association Mount Hood Chapter Emergency Action Plan (EAP)



# IN THE EVENT OF AN EMERGENCY, FOLLOW THESE STEPS:

- 1. Initiate Care for patient First Aid Lead
  - a. Write medical or SOAP notes.
  - b. Get patient's emergency contact info from Crew Leader (Sign-up sheet).
- 2. Call 911 or Dispatcher if needed Communications Lead (Refer to the TCP)
  - a. Relay pertinent medical or SOAP notes written by the First Aid Lead.
  - b. Do not use the injured person's name over the radio.
- 3. Evacuate if Necessary, send emergency contact information and medical or SOAP note with patient.
- 4. Get Emergency Treatment by a medical provider, if needed.
  - a. Inform agency authorities first, if possible. (Refer to the TCP)
  - b. All injuries should be treated on the date of the accident or as soon as possible
  - c. Go to the closest source of emergency care. (Refer to the TCP)

Other emergency care destinations:

Clackamas (24hr) - Kaiser Sunnyside Medical Center, 10180 SE Sunnyside Rd., Clackamas OR, 97015, 503-652-2880

Gresham - Legacy-GoHealth Urgent Care, 22262 NE Glisan St., Gresham OR, 97030, 503-666-5050

Gresham (24hr) - Legacy Mount Hood Medical Center, 24800 SE Stark St., Gresham OR, 97030, 503-674-1122

Hood River (24hr) - Providence Hood River Memorial Hospital, 810 12th St., Hood River OR, 97031, 541-386-3911

Morton (24hr) - Morton General Hospital, 521 Adams Ave., Morton WA, 98356, 360-496-5112

Oregon City (24hr) - Willamette Falls Medical Center, 1500 Division St., Oregon City OR, 97045, 503-656-1631

Portland (24hr) - Providence Medical Center, 4805 NE Glisan St., Portland OR, 97213, 503-215-1111

Salem - Salem Health, 890 Oak St. SE, Salem OR, 97301, 503-814-1572

Sandy - Adventist Health Urgent Care, 17055 Ruben Ln., Sandy OR, 97055, 503-668-8002

Vancouver (24hr) - PeaceHealth Southwest Medical Center, 400 NE Mother Joseph Pl., Vancouver WA, 98664, 360-514-2000

White Salmon (24hr) - Skyline Hospital, 211 Skyline Dr., White Salmon WA, 98672, 509-493-1101

- 5. Report Injury to Agency Authorities and PCTA
  - a. Even if you do not seek treatment
  - b. In non-emergency situations, notification occurs before formal medical care is sought.
  - c. Agency and PCTA contacts are listed on TCP
- 6. Notify Emergency Contact for injured person as listed on the Volunteer Sign-up sheet.
- 7. Documentation.
  - a. At a minimum, a form CA-1 (Report of Injury) should be completed by the injured party for all injuries (even if medical treatment is not sought);
  - b. Witness statements should be included.
  - c. All injuries should be reported within 24 hours of occurrence.
- 8. As you seek treatment, you may request to have your medical costs compensated by the U.S. Government due to your status as a volunteer under FECA. This compensation coverage is through the U.S. Department of Labor, Office of Worker's Compensation Programs (OWCP). This is federal, not state, OWCP. It is not considered to be "insurance."

See: PCTA Volunteer Injury Instructions for more details